



RIVER VALLEY PROGRAMS

the outdoor classroom



KINDERGARTEN AND UP



Physical Education, Science,
Social Studies, and more!



OPEN TO ALL SCHOOLS AND GROUPS



YEAR ROUND PROGRAMS



YEAR ROUND

INITIATIVE TASKS

Grades 4-12 • Any Park

Accept the challenge! Cooperate with your team members to solve the problem at hand. If your team is successful, challenge yourselves to another problem.

ORIENTEERING AND NAVIGATION

Grades 2-12 • Any Park

Learn to find your way! Acquire navigation, compass, and map reading skills. Then test yourselves on an orienteering course. In winter, try this on snowshoes!

OUTDOOR SKILLS

Grades 1-12 • Any Park

Learn about shelter building, fire building, and knife use. Cook bannock over an open fire.

PREDATOR AND PREY

Grades 4-12 • Any Park

Can you Survive? Experience life as a herbivore, omnivore or carnivore while playing this food chain simulation game.

FUR TRADE GAME

Grades 4-6 • Any Park

Become a fur trader. Find beaver pelts and trade them at the post for things you and your tribe need. Combine this program with Outdoor Skills and/or Snowshoeing to learn what it was like to be a trapper!

GAMES AND FACE PAINTING

Grades K-6 • Any Park

Enjoy the outdoors while playing games, relay races, painting faces and more! Games and activities can be modified to fit any theme, season, ability and age level.



OUT TRIPS

Grades 7-12

Explore the outdoors with our instructors. Camp at Miquelon Lake, cross-country ski at Chickacoo, go for a bike ride in Jasper National Park, hike through Kananaskis Country or canoe in William Switzer Park. These are a few of the many tripping opportunities we offer. Optional free class visit.

SPRING/FALL

MINI MOUNTAIN BIKING

Grades K-3 • Rundle Park

Learn bicycle safety and improve riding skills while exploring the paved trails of Rundle Park.

MOUNTAIN BIKING

Grades 4-6 • Gold Bar Park

Grades 7-12 • Kinsmen Park

Get on a bike, strap on a helmet and follow our instructors to explore the bike trails of Edmonton's river valley! Learn bike safety and basic skills.

IN-LINE SKATING

Grades 2-12 • Rundle Park

Discover the Rundle Park trail system on blades! Our in-line skating program emphasizes safety and fun!

TANDEM CANOEING

Grades 4-6 • Rundle Park

Grades 7-12 • Hermitage

Learn the basics of tandem canoeing on flat water. Basic strokes, safety and fun will be emphasized.

KAYAKING

Grades 7-12 • Rundle Park

Try flat water kayaking on the ponds of Rundle Park. Basic strokes, safety and fun will be emphasized.

VOYAGEUR CANOEING

Grades 4-12 • River

Enjoy the sights as you paddle down the North Saskatchewan River in a 32-foot long canoe!

INITIATIVES / LOW ROPES

Grades 4-12 • Ceyana

Explore the "challenge by choice" concept as your group works together on various team-building and cooperative activities, including a ropes challenge course.

ARCHERY / LOW ROPES

Grades 4-12 • Ceyana

Learn the basics of archery while practicing aim and accuracy. Work with your group as you overcome the obstacles on our ropes challenge course.

TRY SOME OF THESE COMBINED PROGRAMS OR MIX AND MATCH YOUR OWN!

FUN IN THE SUN

Grades K-3 • Rundle Park

Planning a party for your class? Why not let our staff join you for a couple of hours of wild games and wacky relays? We will provide all the equipment for a full or half day of fun in the sun!

GOLD BAR CHALLENGE

Grades 4-6 • Gold Bar Park

Take the challenge! Choose two or three of these activities to create a fun-filled day: mountain biking, pond study, orienteering, predator and prey, and/or outdoor skills.



VOYAGEURS

Grades 4-6 • River

Experience the past today! Paddle down the mighty North Saskatchewan River in a voyageur canoe, stopping at Fort Edmonton for a glimpse at the lives of early Albertans and/or stop at Laurier Park and become a fur trapper while playing the fur traders game.

RUNDLE ADVENTURERS

Grades 4-6 • Rundle Park

Experience the in-line skate craze as you cruise through the trails at Rundle Park. Combine this with games, canoeing, or orienteering!

RUNDLE EXPLORERS

Grades 2-3 • Rundle Park

Explore the trails on wheels! Combine bike riding, in-line skating and wide games or nature activities for a full day of fun.

RUNDLE ROAMERS

Grades K-3 • Rundle Park

Come out for a full day of fun. Bike ride, play wacky games, and participate in wild activities. Choose a theme (goofy galactics, dynamo dinosaurs...) and we can add some excitement to your day!

Save money on bus fees! Ask us about our mobile programs where we bring the program to your school!



SCIENCE

POND STUDY

Grades K-6 • Most Parks

Explore the lives of tiny critters living in a world of water. Learn about a wetland ecosystem and discover who lives there!

NEEDS OF PLANTS & ANIMALS

Grade 1 • Any Park

What do living things need for survival? Use magnifying glasses, go on a nature hunt, hug a tree, and discover what plants and animals can be found in the river valley.

SMALL CRAWLING AND FLYING ANIMALS

Grade 2 • Any Park

Bugs! Bugs! Bugs! Up high or down low. Make a pooter, go on a bug hunt, play a food chain game and discover what creatures live in the river valley.

ANIMAL LIFE CYCLES

Grade 3 • Any Park

From babies to adults, from two legs to eight legs, learn about animal lifecycles and adaptations that help animals survive in the wild.

PLANT GROWTH AND CHANGES

Grade 4 • Any Park

Go on a seed hunt, find out why plants like living in communities, and help some lost leaves find their way back home. Explore our river valley as you hunt for clues so you can yell BINGO!

WETLAND ECOSYSTEMS

Grade 5 • Most Parks

Wetlands are amazing! Come and find giant water bugs, the predators of the marsh. We will look at components of a wetland and identify some plants and animals while exploring this fascinating ecosystem.



